

Queen of Peace School

Welcome to the 2009-2010 School Year!

This newsletter will be one of the important ways we communicate with you throughout the school year. It will come home every Thursday in your youngest child's Thursday Envelope. Please check that envelope each Thursday, take out all of the contents, then send the empty Envelope back with your child to the classroom each Friday. We'll fill it up again during the week and send it home again the next Thursday. If you don't send the envelope back and we have to replace it, there will be a \$2.50 charge to do so (but we'll give you some warning ☺).

We will also send this letter out to your e-mail address each Friday as a Publisher document and as a .pdf file. If you have not yet given us your e-mail address, please send a message to our **new email** address, school@qpsalem.org and we'll add you to the list. If you think you should be receiving this e-mail, but aren't, check your spam filter to be sure we're not on your 'blacklist' or that we are on your 'whitelist'. If you're still having problems, see Karen. We'll get it figured out!

This week's envelope is overflowing with information and **forms to fill out and return to the school office**. The Appendix to your Student-Parent Handbook has 5(!) forms for you to complete and return right away. Return the "Signature Page", (white) "Media Release Form" (cream), "Anti-bullying Policy" (white), Auction Sign-up (green) and Volunteer Form (pink) and we'll send home a Family Directory that will be very helpful throughout the school year.

New Website and E-Mail Address...

Our new website is www.qpsalem.org/school. Our new e-mail address is school@qpsalem.org. Please change your address books. The old addresses will be around for a few months to help with the transition. Thanks!

Weekly Calendar

FRI 9/4

SAT/SUN 9/5-9/6

MON 9/7

Labor Day Holiday
No School

TU 9/8

Hot Lunch Program
Begins today.
Noon Dismissal for
Kinders and Pre-Kinders

ALL WEEK

3:30pm and 6:30pm
Called to Protect Classes
in school library

WED 9/9

8:30am Mass

THU 9/10

FRI 9/11

Looking Ahead...

SUN 9/13

12 noon Parish BBQ
The school is helping
with games from 12-2pm.
Can you help?

WED 9/16

8:30am Mass
6pm Back to School
Night - parents only
8pm Called to Protect
Class

P.O. Box 3696
Salem, OR 97302
503-362-3443
school@qpsalem.org
www.qpsalem.org/school

Federal Hot Lunch Program

We have applied for eligibility for the Federal Lunch Reimbursement Program for this school year. An information sheet and application form was mailed to you with your August 11th "Back to School" letter. Please complete those applications and return them to school as soon as possible.

We need to meet a minimum # of eligible children to be able to participate in the program. If we are eligible, it will help the entire school, not just the families applying for assistance with the hot lunch program.

If you are receiving tuition assistance, you are required to apply for this program.

Questions? See Karen.

A Message from Mrs. Janota...

Welcome to a year of transition at Queen of Peace School. We'll be focusing on updating school policies in three areas this year: discipline, uniforms, and the Spanish program. I want to assure you that we will have a Spanish program at Queen of Peace School this year. A parent survey about the Spanish program will be coming in the latter part of September. I am interviewing prospective teachers.

Often in my reading material, I come across articles or ideas that need to be shared with everyone I know. So, to start the year in the proper frame of mind, I am sharing 10 guidelines from Chris Dudley (former Trailblazer basketball player) that I find worth repeating for all of us to remember and practice.

- Buy in. Accept the responsibility of being a parent. Embrace the idea that this is the most important thing you will do in life.
- Show affection. Make sure your children know you love them.
- Lead by example.
- Encourage your children. Instill confidence.
- Push them to explore. Get them to try new things to expand their comfort zones.
- Teach them to follow the Golden Rule.
- Allow your child to have his/her own experiences, heart-breaks, and triumphs. Allow them to live their lives. Don't baby them, be over-protective of them or make excuses for them.
- Teach them to be thankful and give back.
- Encourage your children to dream big. Teach them to believe in themselves.
- Show them unconditional love but conditional respect. They still have to be good people and follow the rules.

Chris ended his talk with a quote: "A truly rich man is one whose children run into his arms when his hands are empty." Money and gifts won't earn you respect or mutual love as a parent. Unconditional love, and the tough work of being a parent, will.

As we begin this year together, I thank you for being partners with us in providing a Catholic education for your child. Here's to a great year together!

Debilyn Janota